

WELCOME TO SPRING QUARTER!

Principal's Message



May 3rd, 2021

Welcome back!!! What a fantastic day! The sun was shining, kids were smiling, noise could be heard through the halls. Laughter bellowed from classrooms and friends re united!

Seeing everyone so refreshed and ready to learn was so exciting!

Welcome to all new students, some of you looked a little scared, others fit right in but we promise you this quarter will be great! So many good things planned- the weather will get nicer and there is so much to do!

Just a reminder that in order to be successful students must come prepared to learn. This includes bringing a binder, paper, pens and in this day and age a COMPUTER!

Get engaged, ask question, make mistakes- repeat! Just be prepared when you come to school!

WELCOME WELCOME WELCOME!



Student Services News



What a great first day - some students changed classes, some students added, just remember to follow your Individual Education Plan and you will reach success.

Friday is the last day to change any courses.

For those students who are interested in some info sessions - please see below.

Up Coming Events/ Info Sessions

BCIT- Broadcast Media and Communications Info Session

May 4th: 5:30-7pm. Register at BCIT

Virtual Career and Post-Secondary Event- See top employers and schools

May 3-7th: register: events.blackpress.ca

Camosun Certified Dental Assistant Info Session

May 12th 5:30-7:30pm

VCC- Music Department Info Session

May 12th 3-4pm

AUGUST GRADS

AUGUST GRADS..... we aren't kidding :)

Have you started applying to universities yet? Need help? He is the man to ask!!!!

So if you are

1. Expecting to graduate
2. Expecting to delay graduation
3. Expecting to take extra online courses AFTER graduation. Reach out to Mr. Schei for discussion. Counsellor@stjohnsis.com







Daily Health Check



BC's Ministry of Education has developed an online K to 12 Health Check

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which can be found here:

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s1>

A mobile phone app version of the health check can be downloaded: BC K to

Please conduct a health check with your child daily. Call 8-1-1 if you have any health concerns.

Check your symptoms with the B.C. Self-Assessment Tool. If you have any questions, or the symptoms get worse, contact your healthcare provider, or call 8-1-1. For more information on COVID-19, please go to

<http://www.bccdc.ca>.

If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Please check BCCDC's [Symptoms of COVID-19](#) regularly to ensure the list is up to date.



Take Your Temperature

Normal body
temperature
is 98.6°F / 37°C

SEMESTER SWITCH



Semester Switch!



St. John's Academy will be switching to Semester System!

SJA has been running Trimester System for a long time. However, we endeavour to go back to our venerable roots and switch back to Semester System to offer our students more in-depth learning experience that is neither rushed nor abbreviated. While the Trimester System has served many of our students with their specific goals, we believe that the upcoming Semester System will help our students to better achieve their academic goals by benefitting from lengthened and better-paced instruction along with more opportunities for extra-curricular activities. SJA is happy to honour our tradition and



5 Fast Facts about Mental Illness

-  By the time Canadians reach age 40, **1 in 2** have, or have had, a mental illness.
-  In any given year, **1 in 5** Canadians experiences a mental health or addiction problem.
-  Mental illness is a leading cause of disability in Canada.
-  In Canada, **11 suicides** are committed every day.
-  With appropriate treatment and support, most people with mental illness will recover.

This year marks the 69th annual CMHA Mental Health Week. Each May, Canadians in communities, schools and workplaces rally around CMHA Mental Health Week.



Don't just get loud, #GetReal! We say we're fine, even when the truth can be very different. Every time we just go through the motions, we miss out on the chance to connect for real. In times of crisis like this, we need each other more than ever.

However, it is important to recognize when difficult feelings are too much. If intense worry, anxiety or despair are disrupting your life or your relationships, or you are relying on substances to cope, it's important to seek help.

This Mental Health Week, people across Canada will get #GetReal by naming — not numbing—how they feel.

To get involved in Mental Health Week, you can:

- Learn more about mental health and emotions at mentalhealthweek.ca
- Share your support on social media by downloading a toolkit and using hashtags #GetReal and #MentalHealthWeek
- Donate to support CMHA mental health programs and services at cmha.ca/donate
- Connect. If you or someone you love is struggling, please [contact your local CMHA](#) or visit the Government of Canada's [Wellness Together](#) portal. If you are in crisis, please call 1-833-456-4566 toll free in Canada (1-866-277-3553 in Quebec) or dial 911.

Mental Health Week is generously supported by Major Partner Shoppers Drug Mart as well as Westland Insurance, Leith Wheeler, Rogers TV and the Not Myself Today program.

Mental Health Week is May 3-9. Visit mentalhealthweek.ca. #GetReal about how you feel. Name it, don't numb it.

BULLYING



**NICE
NEEDS
NO FILTER**



**BULLYING
STOPS
HERE!**

BE SOMEONE'S



HERO!

CALENDAR



May 3	Quarter 3 Commences
May 7	Last Day to Add/Drop Courses
May 12	Whole School Fieldtrip
May 14	Last Day for New Student Enrollment
May 24	Victoria Day (No School)

MOTHERS DAY - MAY 9th, 2021!

It is coming up! Some classes at SJA are preparing some special items for Mother's Day - which is SUNDAY MAY 9th!

FUN FACTS

History

Celebrations of mothers and motherhood can be traced back to the [ancient Greeks](#) and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele, but the clearest modern precedent for Mother's Day is the early Christian festival known as "Mothering Sunday."

Once a major tradition in the United Kingdom and parts of Europe, this celebration fell on the fourth Sunday in Lent and was originally seen as a time when the faithful would return to their "mother church"—the main church in the vicinity of their home—for a special service.

Over time the Mothering Sunday tradition shifted into a more secular holiday, and children would present their mothers with flowers and other tokens of appreciation. This custom eventually faded in popularity before merging with the American Mother's Day in the 1930s and 1940s.

Mother's Day Around the World

While versions of Mother's Day are celebrated worldwide, traditions vary depending on the country. In Thailand, for example, Mother's Day is always celebrated in August on the birthday of the current queen, Sirikit.

Another alternate observance of Mother's Day can be found in Ethiopia, where families gather each fall to sing songs and eat a large feast as part of Antrosht, a multi-day celebration honoring motherhood.

In Canada, Mother's Day continues to be celebrated by presenting mothers and other women with gifts and flowers, and it has become one of the biggest holidays for consumer spending. Families also celebrate by giving mothers a day off from activities like cooking or other household chores.

History.com



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[History.com Editors](#)





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[History.com Editors](#)

Tuition Increase



Since 2018 St. John’s Academy has thrived and grown under new ownership and management.

We have consistently reviewed school fees payable and we have tried very hard to make SJA the most affordable international school in Vancouver, B.C.

Things we pride ourselves on are: we have a 100% University Acceptance Rate, students are leaving St. John's Academy with numerous scholarships being offered to them and the school has grown in success with an increasingly rigorous and inquiring academic environment as well as attracting top academic staff to ensure the quality of teaching is above par.

We are more than excited, that in September we are moving to a new location which will be a 20000 SF new campus with new furniture, new resources and a state of the art fitness room.

It is at this time that we wish to provide you with the following information pertaining to an increase in Tuition Fees that will be implemented starting July 1, 2021.

This increase is consistent with our strategy of maintaining the best educational experiences for our students. This will enable St. John's Academy to continue to provide a high quality, well-resourced education, while addressing rising costs of salaries and benefits, for our faculty and staff and other rises in fixed expenses. We will strive to keep this increase to a minimal change through diligent financial stewardship and control of expenses.

We hope you will recognise that our earlier decision of not increasing fees since the school new ownership in 2017 is evidence of our commitment to ensuring that fees are appropriate, are supporting families as much as possible, as well as sustaining the operational needs of the school in supporting its expenses which are mainly driven by our excellent teaching faculty.

SJA will continue to deliver an excellent education for the students, and we wish not only to maintain the highest educational standards, but also to exceed your expectations. Further information on the specifics of the fee increase will be provided shortly and our website will be updated accordingly.

With this in mind, we are giving families the opportunity to pay their tuition down prior to the increase. To save some money – you are allowed to pay your tuition in full (or partial) by July 1, 2021 to receive the current pricing. After July 2, 2021 prices will increase.

Keep In Touch





Stay informed about what is happening

Check out the school website:

<https://stjohnsacademy.ca/vancouver/>

Follow us on Twitter:

https://twitter.com/StJohns_Academy

Like us on Facebook:

<https://www.facebook.com/stjohninternationalschool/>